



LOVE U *Retreat*

Q & A - March 17 - 20, 2021

Q: What are COVID guidelines for traveling to Mexico?

A: As of now, Mexico does not require a COVID test or proof of vaccination prior to traveling to Mexico.

However, to return to the United States, travelers must present proof of a negative COVID test taken no more than 3 days prior to traveling to the U.S.

Our resort, Casa Velas, will arrange and pay for the antigen test for our guests (with a minimum 3-night stay). The test will be conducted on-site at the resort.

Q: What are COVID guidelines for the Casa Velas Resort?

A: Masks are required in all public areas of the hotel, especially when indoors and when in close proximity to other guests.

When entering a restaurant, guests are required to wear a mask until they are seated at their table. Likewise with the spa, guests are asked to wear their masks until they are settled into their treatment room.

When outdoors (by the pool, at the beach, or walking in the gardens) masks may be removed as long as distance is kept from other hotel guests.

Q: What are the COVID guidelines for the Love U Retreat specifically?

A: For this retreat, we ask that **only vaccinated Love U members** attend. A proof of vaccination will be required before your attendance will be confirmed.

During the retreat, Love U members will be asked to comply with all resort rules regarding masks and distancing.

Group dinners will be held outdoors or in open-air restaurants, so masks will not be required once you arrive at the dinner venue.

During the group coaching portion of the retreat, we will be indoors. Seating will be arranged with distancing in mind. We plan to be without masks during these sessions to facilitate a better connection to the subject matter and to each other. It is possible that masks may be necessary based on the changing pandemic risks, but our hope is that to experience normalcy and intimacy during this retreat.

Q: What if I test positive for COVID and cannot return to the U.S. on March 20?

A: The resort offers a 75% discount on the public room rate if you need to extend your reservation in order to quarantine. Casa Velas will provide you with regular accommodation services until a second test indicates a negative result and you can return home.



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Q: May I share a room with another Love U Retreat attendee?

A: Yes! If you wish to share a room, each double-occupancy attendee will pay only \$2,497 (instead of \$2,997) for the 3-night retreat.

Q: Can I come early / stay later than the retreat dates?

A: As long as the hotel has space available, you are welcome to extend dates before or after the retreat. Please let us know if you wish to arrive or depart on different dates and we will assist you.